

## Breastfeeding Policy Resources

The purpose of this document is to define legislative, regulatory, and organizational policy, as well as provide resources that include examples of various types of breastfeeding policies in these three categories. This document is meant to assist states in considering what breastfeeding policy areas and types of policy they may be most interested in pursuing throughout the Policy Academy.

### Definitions

- **Legislative Policy** – law or ordinance created by elected representatives.
  - *Example: code of statutes.*
- **Regulatory Policy** – rules, guidelines, principles, or methods created by government agencies with regulatory authority for products or services.
  - *Examples: administrative codes; documents produced by a government agency to explain a policy i.e., Medicaid bulletins, provider manuals, policy briefs.*
- **Organizational policy** – rules or practices established within an agency or organization.
  - *Examples: Meeting minutes describing approved motions/other decisions; standard protocols to be implemented at the hospital level; data collection protocols.*

### Resources

- [Breastfeeding State Laws](#) (National Conference of State Legislatures)
  - This webpage provides a summary of current federal, state, and territorial laws related to breastfeeding, as well as a more detailed list of breastfeeding laws by state and territory. Types of laws discussed include those relating to lactation accommodations in various settings, insurance coverage, maternity care practices in birthing facilities, and other breastfeeding-related healthcare services for new parents and infants, among other topics. The page is updated regularly.
- [The Role of Law and Policy in Assisting Families to Reach Healthy People’s Maternal, Infant, and Child Health Breastfeeding Goals in the United States](#) (U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion)
  - This report and related documents present evidence-based policy solutions that community and tribal leaders, government officials, public health professionals, healthcare providers, lawyers, and social service providers can use to promote, support, and protect breastfeeding in communities. Policies discussed include those related to insurance coverage, paid family leave, lactation accommodations in worksites and educational institutions, lactation accommodations in childcare centers, breastfeeding in public places, and integrating breastfeeding into various public health programs. The report discusses federal and state legislative and regulatory policies, as well as organizational policies.
- [Work and Family Policy Database](#) (National Partnership for Women and Families)
  - This database provides an overview of state bills proposed and laws enacted to address select work and family issues and apply to private-sector workers. Users can search bills and laws by state, issue, year, and status (bill or statute). The database includes bills and laws

related to family, sick, and medical leave, accommodations for pregnant workers, nursing mothers' rights at work, and other work and family issues.

- [Workplace Guide: What if Your State Already Has a Law?](#) (U.S. Breastfeeding Committee)
  - **This webpage contains** links to information about various workplace breastfeeding laws by state and territory. For those states and territories that have workplace breastfeeding laws, users can click on a link that will take them to a summary of workplace breastfeeding laws in a specific state or territory.